

July 1 - "Common Scents Health and Wellness: Essential Oils"

July 3 - Fourth of July party!

July 7 - Concentra Doc Talk: "Dehydration Prevention"

July 8 - Paper Craft Class

July 11 - Arizona Swing Kids entertain!

July 11 - Creating Cards with Heather!

July 16 - Out to lunch at Serranos

July 18 - Harmony Foundry talks about "Angel Awareness"

July 21 - United Tissue Network presents "Importance of Body

Donation"

July 22 - Paper Craft Class

July 21 - "Stressed is Desserts spelled backwards"

July 23 - Taste of Atria sponsors brunch!

July 25 - Music with Dallas West!

July 29 - Trip to Mercury Game!

July 30 - Move in the Lounge: "The Straight Story"